

APPENDIX 4a - Medium Risk (Standard) Travel Assessment Form - Students

A. Contact details

Full name	CRSid	College	Are your own and emergency contact details up to date on CamSIS?	Email address while away (if different to University email)
████████████████████	████████	████████	YES	████████

Local Contact (away from Cambridge) e.g. onsite supervisor or host

Full name	Contact number (+ local area code)	Email address	Language spoken
████████	████████	████████	English

B. Travel Itinerary

Please include estimated arrival and departure dates for all countries you intend to visit.

Travel start date	24/07/2020
Travel end date	17/08/2020
Location of working away (<i>town/city and country</i>)	Laamu atoll, Maldives
Address and contact number of your accommodation	████████████████████ ████████████████████

C. Work Details

Category/type of working away	EMS placement	
Detailed description of proposed activities including sites you will work across (if there are multiple)	Conducting research involving ultrasound scanning wild manta rays whilst diving around Laamu atoll.	
Working in isolation (lone working)? <i>Yes/No</i>	Supervised? <i>Yes/No</i>	Collaborating with others? <i>Yes/No</i>

D. Foreign and Commonwealth Office (FCO) Travel advice rating

Please tick below the FCO rating for the area that you will be **travelling in/through or staying and working in**

No specific rating given <input checked="" type="checkbox"/>	See our travel advice before travelling <input type="checkbox"/>	Advise against all but essential travel OR <input type="checkbox"/> advise against all travel *
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Please write in the date you checked the FCO advice: 10/10/2019

**If you ticked the red box, you must fill in a High Risk (Elevated) Travel Assessment Form instead of this one.*

You can sign up to FCO travel alerts by following this link: <https://www.gov.uk/foreign-travel-advice>
Select your destination and subscribe to the email alerts for the country you propose to visit.

By signing here, I agree that I will subscribe to and monitor Foreign and Commonwealth Office travel alerts for my proposed destination(s).

Signature	Date
████████████████████	10/10/2019

E. Personal Characteristics, Local Laws, and Customs

Please sign to indicate that you have considered your wellbeing needs and discussed these with your College Tutor and record any information that you feel is relevant. Please also read all information relating to the [local laws and customs](#) of the area you are visiting and consider implications of your personal characteristics within the local culture.

Signature: [Redacted]	Date: 10/10/2019
Relevant summary of the discussion: Following a discussion these have been added to the risk assessment within Section I: Hazards, Risks and Control Measures.	

F. Insurance

Please give details of travel insurance that covers your travel/work away outside the UK:

Name of insurer: [Redacted]	Policy number: Policy No. ABC123
Private insurance taken out for travel	

G. Contact with Supervisor or Department at Cambridge

Arrange a suitable frequency and method of contact with a Department representative in the UK for the duration of the trip.

Contact Person (primary and alternate)	Contact Frequency	Email address / phone number of contact person	Means of Communication
<i>e.g. Supervisor, HoD Nominee</i>	<i>e.g. once a month</i>		<i>e.g. email</i>
Clinical Supervisor Prof [Redacted]	1. On arrival	[Redacted]	Email and phone
Group administrator [Redacted]	2. Fortnightly	[Redacted]	Email and phone
	3. On departure	[Redacted]	Email and phone

H. Passport Information

I confirm my up to date passport details are held by the department.

If you hold dual citizenship, state passport will you be travelling with.....N/A

What is your other nationality?N/A.....

I. Hazards, Risks and Control Measures

The table has been pre-filled with **examples** of hazards that may be present during your proposed working away. You **must amend, remove,** or **add** hazards as appropriate to your work away. Control measures should be specific to you and the work you are proposing.

Please click on the topics for more information and examples of risk control measures

Hazard and Description For each topic, list foreseeable issues that may cause you harm	How is this likely to affect you? Describe how hazards can cause harm to you and how your work activities or personal characteristics could affect the likelihood of you being exposed to harm	Control Measures Actions/precautions you will take to eliminate/reduce the impact of the hazard or likelihood of harm occurring
<u>Work related hazards</u>		
Open water swimming – significant amount of time spent in the sea which has strong tidal current (around the Maldives in general)	Risk of fatigue if pulled out to sea, resulting in death from drowning	I am a competent swimmer and comfortable swimming in open water. I have been diving twice before and will also be completing an open water course as part of my training on arrival. Even after completing this course I will not be diving alone. I will follow all instruction from an experienced guide including taking advice on areas not to swim in.
Sharks/stingrays could attack during swimming	Potential for loss of limbs or fatality	This is a possibility although there is no actual history of shark attacks in this area. I have used evidence from the following website to substantiate this. https://sevenholidays.com/Guide/StayingSafeUnderWater For this reason although I acknowledge that there is a possibility of this risk occurring it is not likely. Further advice will be sought from the researchers at the Manta Ray trust with whom I will be working, as well as other local divers. I will ensure that I am confident with my diving before beginning my work so that I am less likely to panic and alarm sea life. I will discuss any concerns with my onsite supervisor and/or my clinical supervisor if I am uncomfortable with anything I am being asked to do.
Diving into deep waters – lack of competence in diving	Decompression illness could result, causing fatality or serious illness, lung injury. Other diving problems resulting in death or serious injury.	I will be attending an open water dive course and obtaining appropriate qualifications. I will be diving using a dive computer which will be able to track my nitrogen absorption and plan decompression/safety stops as appropriate, as well as warn me if I am approaching safety limits. I will follow all instruction in theory and practical lessons provided in the open water course. I will be working with an experienced dive partner. Report any discomfort immediately. Limit time in the water to what is advised. If there are concerns and I am unable to complete work will discuss implications with clinical supervisor – will not continue if risk to my health becomes apparent. Report to onsite supervisor and/or clinical supervisor if concerned about activities.
Extremely sunny and hot weather; swimming at sea surface level	Risk of serious skin burns, heatstroke (out of water) and potential for longer term skin cancer and cataracts.	I will be wearing appropriate diving suit and cover skin with waterproof suncream SPF 30 minimum, and reapply frequently when at the surface. I will minimise surface swimming of beach activities between 1100 and 1500.
<u>Crime</u>		

Petty crime	Loss of personal possessions, computer data, and/or passport could all cause significant problems.	Will use a safe at the hotel. Will only carry a small amount of cash with me each day. Will upload data to the cloud each day so that work is safe and saved should my laptop be stolen. Will take a colour paper copy of my passport and keep an online copy as a precaution.
<u>Political Violence/Conflict</u>		
Political protests	A state of emergency was called in Male, the capital of Maldives in February 2018 and again in March. I will be flying into and out of Male international airport before transferring to Laamu Atoll from there.	FCO advises that: 'There are no reports that outlying islands, resorts or Malé International Airport have been affected'. I will not be leaving the airport. If political protests extend to Laamu Atoll I will be sure to avoid these and reassess the risks to me if necessary. My travel insurance covers evacuation. I will continue to follow FCO advice.
Piracy/kidnap	The FCO advises that: Recent piracy attacks off the coast of Somalia and in the Gulf of Aden, highlight that the threat of piracy related activity and armed robbery in the Gulf of Aden and Indian Ocean remains significant. Reports of attacks on local fishing dhows in the area around the Gulf of Aden and Horn of Africa continue. The combined threat assessment of the international Naval Counter Piracy Forces remains that all sailing yachts under their own passage should remain out of the designated High Risk Area or face the risk of being hijacked and held hostage for ransom.	From online research there appears to have been a dramatic decline in incidents at sea since 2012. I will take advice from professional guides and will not be diving in any of the high risk areas. I will review my risk assessment on arrival to include any further advice from local experts on this point but do not expect there to be any issues.
Terrorism	FCO advice: Terrorists are likely to try to carry out attacks in the Maldives. Attacks could be indiscriminate, including in places frequented by expatriates and foreign travellers including tourists. In November 2017, the Maldivian authorities confirmed that a number of men had been arrested on terrorism charges.	I will remain vigilant at all times, monitor FCO alerts and take advice from locals and local news. I will be accompanied at all times when working and will mostly be spending time with other researchers during my free time. I will reassess the risks on arrival if necessary. I will report any safety concerns to my onsite supervisor and/or my clinical supervisor in Cambridge.

<u>Accident - Travel and Personal</u>		
Long haul flight to the Maldives	Risk of DVT or death in case of flight crash	I will use reputable airlines only. I am not at added risk of DVT but will make sure I walk round during the flight.
General accident – slips, trips, falls	Mild to serious injury, e.g. lacerations, fractures. There is an elevated likelihood of accidents occurring given the practical work that I will be undertaking.	Although the likelihood is higher than normal the severity of most common accidents is low and manageable through normal precautions and adhering to onsite training.
<u>Authorities</u>		
Local law	<p>From FCO:</p> <ol style="list-style-type: none"> 1. Maldives has very strong anti-drugs laws. Importing or possessing drugs can carry severe penalties, including life imprisonment. 2. Local laws reflect the fact that Maldives is an Islamic country. Serious violations of local laws may lead to a prison sentence. Public observance of any religion other than Islam is prohibited. You should respect local traditions, customs, laws and religions at all times and be aware of your actions to ensure that they don't offend, especially during the holy month of Ramadan or if you intend to visit religious areas. See Travelling during Ramadan. 3. Alcoholic drinks are only available on resort islands. Don't take any alcohol away from a resort. 	<ol style="list-style-type: none"> 1. I will not take drugs or have drugs in my possession. I will not leave my bags unattended at any point and will be particularly vigilant about this in airports 2. I will take the FCO advice seriously but do not perceive any issues as I will be instructed by local guides. I will not engage in any political or religious discussions. 3. I will ensure that I understand the rules regarding alcohol in the area that I am staying and working when I arrive. If in doubt I will not consume alcohol and will of course not consume alcohol while working
<u>Environment</u>		
Tsunami	Maldives was hit by the December 2004 tsunami.	FCO advises that most areas of Maldives are operating normally now. On arrival I will familiarise myself with any evacuation routes and follow these in case of tsunami.
<u>Health (mental and physical)</u>		

Exotic infectious diseases: Dengue fever, Typhoid, Zika	Can cause mild – very serious illness	My vaccinations are up to date. In addition to vaccinations I will use mosquito repellent and drink only bottled water. I will also avoid food that may have been washed in local tap water.
Lack of medical facilities	There will be a doctor within reach in the area that I am staying and working in. The nearest hospital is Gan Regional Hospital. The facilities at this hospital are very limited and possibly not adequate in case of a serious medical emergency.	There are hyperbaric (decompression) chambers on Bandos, Kuramathi and Kuredo, which are all located north of Malé. I would likely be transferred to one of these hospitals or to Sri Lanka in case of a serious medical emergency.

J. Agreement and Sign-Off

Person working away (Traveller): I am signing to indicate that I have read and will abide by the statements above and will carry out additional risk assessments if and when circumstances change or the risks are not covered by this assessment.

Name: [REDACTED]	Date: 14/10/2019	Signature: [REDACTED]
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Supervisor/PI/Manager/HoD Nominee (listed in Departmental Procedure): I am signing to indicate that this constitutes a suitable and sufficient assessment of the risks of the proposed travel/work away.

Name: [REDACTED]	Signature: [REDACTED]
Role: Clinical Veterinary Supervisor	Date: 18/10/2019

A copy of this form should be kept by the person travelling, and another by the person responsible for student matters including travel authorisations (see your Departmental procedure).